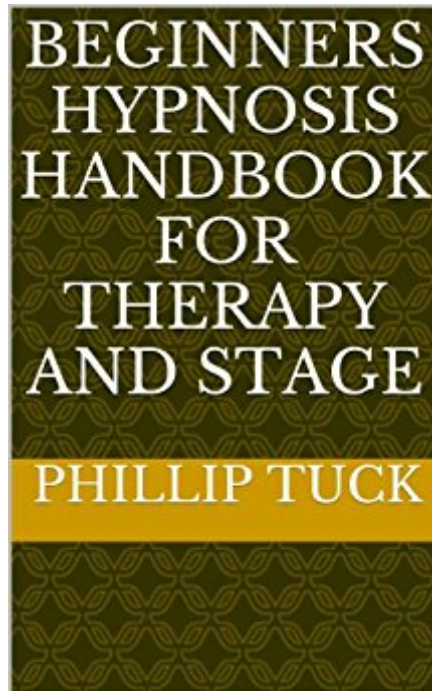




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Beginners Hypnosis Handbook For Therapy And Stage



Synopsis

Beginners hypnosis handbook for therapy and stage aims to be comprehensive, taking the beginner on a journey toward advanced techniques for both therapy and stage hypnosis. This is an Introduction to Hypnosis and its use in the forms of therapy, stage and street. This book is aimed at getting the reader out and practising hypnosis in any and all its forms. This book is written to try to demystify hypnosis while providing a framework for using it to help and entertain people. The author intends this to be the book that talks about the parts of hypnosis that only a handful of hypnosis books talk about. Treating hypnosis as an effective delivery system, but only a delivery system. This book considers the other elements to what you are doing as just as, if not more important than the number of inductions you know. To aid learning there are homework exercises that open you up to the scope and size of hypnosis. while allowing you to learn where you can get reliable information quickly. The things to takeaway from this book are hypnosis is fun, easy to do and with understanding, practise and learning can be an additional skill for any therapist, educator or performer. The structure is designed to make logical sense to the reader so as to let the general principles hang on the framework presented, this lets the reader hone the tools of the hypnotic trade while not being constrained by too many rules.

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